

# News from the Scrum



St. Joseph's Prep Rugby Football Club  
1733 W. Girard Avenue  
Philadelphia, PA 19130

## Prep Rugby Mission Statement:

*The Mission of St. Joseph's Prep Rugby is to provide a consistently positive and winning program to the young men of St. Joseph's Prep which fosters teamwork, discipline and sportsmanship on and off the rugby pitch.*

## Parent Meeting

The season schedule has been slow in coming as we have tried to figure out a variety of possible games, the new Division II, scrimmages, etc.

If you have been a rugby parent, you know that sometimes games are scheduled last minute and we scramble to make sure the guys are playing and we are meeting our EPRU commitments.

Things have improved, and we and the EPRU continue to work to ensure that all teams have the games they want and that every player sees game time... which is why we play the game.

To that end, we are going to ask parents to attend a meeting to go over the information we have, as well as to answer any possible ques-

tions about the upcoming season on this coming **Wednesday, February 18 at the Prep at 3:00 p.m.**

Please R.S.V.P. to Coach Farren so we can have a head count and make sure we have the appropriate space.

Thanks, look forward to seeing you all there!

Volume 4, Issue 4

10 February 2009

## PROUD SPONSORS 2009

- John C. Gillespie, Esq.  
Parker McCay, PA
- Merchant & Evans, Inc.  
Zip-Rib
- DiBruno Brothers
- Tír na Nóg Irish Restaurant

*Currently updating, logos to be updated as well.*

## Inside this issue:

<i>Beef and Beer Flyer</i>	2
<i>Beef and Beer Description</i>	3
<i>Prep Rugby 2008 Games DVD's</i>	3
<i>New Website Info</i>	3
<i>Prep Slogan Contest</i>	4
<i>Coach Notes and Updates (Alumni notes will be back soon.)</i>	4
<i>Fun Facts</i>	4
<i>Triple Play Sports Gear Order Form</i>	5
<i>Canterbury NZ Gear Order Form</i>	6

## EPRU All-Stars: Selection in Pre-Season

Selections will be made based on two tryouts that will be held on February 15<sup>th</sup> and 22<sup>nd</sup>. Both sessions will be from 1:00 p.m. to 4:00 p.m at Hempfield High School, Landisville, PA 200 Church Street Landisville Pa 17538

The tryouts will be both outdoor and indoor. The tryouts will be led by All Stars coach

Bryan Hynes, Men's Coach - Millersville University .

All interested players have to register online for the tryouts. The Registration Form is at: [http://www.epru.org/forms/form\\_allstar\\_bhs.php](http://www.epru.org/forms/form_allstar_bhs.php)

Fill out the form electronically.

The schedule for the 2009 All

Stars will include:

- EPRU vs Pembrokeshire Wales U16, (EPRU site to be determined)
- Potomac Cup Challenge, Founders Field (Pittsburgh), June 20 - 21
- NE LAU Invitational, West Point Military Academy (New York), July and
- Ambassador's Shield, Trinity College, Washington D.C., November.

# **PREP RUGBY BEEF AND BEER**



**Saturday, February 28<sup>th</sup>, 2009 · 6 pm to 9 pm**

**TIR NA NOG**

**1600 Arch Street, Philadelphia PA**

**\$40 per person**

**RSVP by Friday February 20**

**All Proceeds to Benefit**

**The Prep Rugby Team**

For more info contact Cindy or Bill Sharp

[wsharp22@comcast.net](mailto:wsharp22@comcast.net) - 215-885-0974

---

**PREP RUGBY BEEF AND BEER · February 28th      DUE - FEBRUARY 20**

Name \_\_\_\_\_ Email \_\_\_\_\_

# of Tickets \_\_\_\_\_ @ \$40      Total \$ \_\_\_\_\_

Return to Coach Farren or Mail to Cindy Sharp - 708 Brooke Road - Glenside, PA 19038

## Beef-n-Beer: February 28, 2009

Prep Rugby Socials are a great way for the club members, parents and supporters to enjoy the sport off rugby "off the pitch". These events are great opportunities to share our excitement and experiences, foster support for the team, and share in the community that Prep Rugby is helping to create.

They are also opportunities to meet some of the coaches and other parents and ask questions in an informal setting. We are always hopeful to have in attendance coaches, parents of current players, parents of some of

Prep Rugby alumni who are now playing in their colleges, any Prep alumnus who ever played rugby, and other supporters of the team.

These socials allow us to take time off from the "busy-ness" of day-to-day activities and enjoy each other's company.

All proceeds from Socials will benefit the Prep Rugby Team.

### **What do we do and Why do we Fundraise?**

As a club, Prep Rugby does not have the traditional funding of other sports. To help, Prep Rugby has sold

cookies, sold candles, held Beef-n-Beer's. We do whatever we can to help provide the Prep Rugby players the best possible experience.

Fundraising is necessary because:

- Helps to pay for medical kit supplies, field supplies, etc.;
- Helps the team to offset cost of some gear for players;
- Helps students who may be in need of some financial assistance,

**-The team does not turn away any player because of finances.**

## Prep Rugby Game DVD's Still Available

Prep Rugby has available the game tapes of the 2008 Season. Brendan Murphy filmed the games and has them formatted to DVD's. He can have them in time for Christmas.

Here is the info:

A Side Games: \$25

B Side Games : \$25

A&B Sides: \$35

If orders are in by Dec. 17, 2008, DVD's will be available for pick-up in school on Dec. 19, 2008.

If you would like the DVD's mailed, add \$4.95 S&H.

Make Checks payable to Prep Rugby.

Also, DVD's may still be available from the 2007 season:

A Side Games: \$20

B Side Games : \$20

A&B Sides: \$35

For additional questions about the DVD's, please contact Brendan Murphy: [bmurphy@sjprep.org](mailto:bmurphy@sjprep.org)

## New Website

It has been a long time coming, but Prep Rugby has finally been able to update the website. The new page is cleaner, easier to navigate and a little more user friendly. From our end, it is MUCH easier to prepare and update and we are hoping to be able to use it much like we did a couple of years ago (before we clogged it up with numerous links and unclear connections)

as a communication tool for parents and alumni, as well as a promotion of Prep Rugby and the sport of Rugby, in general.

If you have any questions or suggestions, please let us know.

One note: the website address is:

[www.thepreprfc.com](http://www.thepreprfc.com)

If it does not work, please add: /home. The site without the "home" on the end may still take you to the old site (scary) but it should be okay now. In the meantime, bookmark it with "home" and you'll be all set!

## Prep Slogan 2009

To help unify and motivate the team (and have a little fun), Prep Rugby instituted a slogan in 2007, our 3rd season. We have then changed it to reflect the growth of the team and the players.

*2007: Any Game, Any Weather, Any Time*

*2008: ... to the whistle!*

*2009:... ?*

— *What will 2009's be?*

Here are some ideas, please send us yours!:

- *Nothing to Lose, Only to Gain*

- *Everything to Gain*

- *There is no best, only better.*

- *Forging our Path*

Send in your ideas. We'll take a vote in an upcoming issue and use that for 2009!

So far, the newest options:

- 2009: Make it Yours.
- In response to the Prep RFC slogan, I propose something in Latin, given the Prep's Classical tradition
  - ~ *Stellis Aequus Durando - Equal to the Stars in Endurance*
  - ~ *Sic Itur Ad Astra - This is the Path to Immortality.*

## Alumni Updates and Notes

Right now, we are going to take a brief break from players, and update our coaching news. We'll return next issue with player alumni—including an all-star update on one of our first captains from 2005!

Prep Rugby is proud to inform you that one of our coaches has taken his skills, experience and dedication to the collegiate level.

Bill Gregory, one of our founding coaches, has been named Head Coach at The University of Scranton for the Scranton Norsemen.

Bill began coaching in the Fall and worked hard to revamp the team, contacting the administration and taking a proactive approach. Coach Gregory

is also coaching some former Prep Ruggers, including Brian Kelly '07, Ryan Gregory '08 and Michael Wielgus '08. For more information, check



<http://www.scrantonnorsemen.org/>

Prep Rugby is not losing Coach Gregory; fortunately, he will continue as a Prep Rugby coach. He will, however, be splitting his time between practices.

Congratulations to Coach Gregory and best wished for continued success... with both teams!!

## Fun Facts

Esquire Magazine recently listed the "75 Things Every Man Should Do Before He Dies".

#1?

Play Rugby

<http://www.esquire.com/features/75-things-0808>

# Prep Rugby Gear **Order Form**—Triple Play Gear

*This is the gear style we had in the 2008 season with sweatshirts, hats, etc.*

**Please make checks payable to:**

Triple Play Sports

**Submit checks and forms to coaches.**

Attn.: Dewey

827 S. 9<sup>th</sup> Street

Philadelphia, PA 19147

Skull Caps (\$15)

\$ \_\_\_\_\_

Black Knit Caps (\$15)

\$ \_\_\_\_\_

Mesh Shorts (\$22)

Name to be Stitched: \_\_\_\_\_

\$ \_\_\_\_\_

Size (XS – S – M – L – XL – XXL): \_\_\_\_\_

Additional Item: (\$ \_\_\_\_\_)

Size (XS – S – M – L – XL – XXL): \_\_\_\_\_

Name and Number: \_\_\_\_\_

\$ \_\_\_\_\_

Additional Item: (\$ \_\_\_\_\_)

Size (XS – S – M – L – XL – XXL): \_\_\_\_\_

Name and Number: \_\_\_\_\_

\$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

# Prep Rugby Gear **Order Form**—Canterbury NZ Gear

This is the official lineup apparel for players, coaches and fans of St. Joseph’s Prep Rugby! Canterbury of New Zealand has been the world’s premier provider of quality rugby gear for over 100 years. Order time is 6—8 weeks from the time the final order is placed.

*Please make checks payable to “Prep Rugby” and submit to coaches.*

*All Canterbury gear is backed by a lifetime warranty!*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

**“Kirra” Polo—\$43.00**

- Poly-Cotton classic polo. Prep logo embroidered on chest. Available in Grey with maroon sides and white piping (Choice A) or Black with grey sides, white piping (Choice B).

- Quantity: \_\_\_\_\_ - Size: (S—3XL): \_\_\_\_\_  
 - Color Choice: \_\_\_\_\_

**“Ellis” Training Tee—\$37.00 (One will be included in dues; this would be in addition to that.)**

- Durable Poly-mesh tee. Great for training! Prep logo embroidered on left chest. Available in grey with black sides (Choice A) or grey with maroon sides (Choice B).

- Quantity: \_\_\_\_\_ - Size: (S—3XL): \_\_\_\_\_  
 - Color Choice: \_\_\_\_\_

**“Premier” Track Jacket and Pant Warm-Up—\$80.00**

- Water repellant nylon shell is ideal for staying warm in poor weather. Embroidered logo. Available in black (Choice A) or grey (Choice B).

- Quantity: \_\_\_\_\_ - Size: (S—3XL): \_\_\_\_\_  
 - Color Choice: \_\_\_\_\_

**“Kirra” Hoody—\$55.00**

- Soft fleece lining with front pocket. “PREP RUGBY” screen printed on center of chest in maroon on both color options. Available in black with white piping (Choice A) or grey with maroon piping (Choice B).

- Quantity: \_\_\_\_\_ - Size: (S—3XL): \_\_\_\_\_  
 - Color Choice: \_\_\_\_\_

**Fleece Pullover—\$70.00**

- Classic pullover fleece jacket. Prep logo embroidered on chest. Available in Grey with maroon piping.

- Quantity: \_\_\_\_\_ - Size: (S—3XL): \_\_\_\_\_

**Coming soon: Kit Bag**

If you have any questions or concerns, please contact Doug Mazzocco, Canterbury’s Northeastern On-Field Representative, at (610) 331—8401 or via e-mail at: [doug@canterburynzusa.com](mailto:doug@canterburynzusa.com)

St. Joseph's Prep Rugby Football Club  
1733 W. Girard Avenue  
Philadelphia, PA 19130

Please make all correspondence either:  
Attention: Mr. Thomas Farren, Sr.  
or  
Attention: Mr. Brian McCloskey  
Phone: 215-978-1950  
Fax: 215-765-1710  
E-mail: preprfc@yahoo.com; preprfc@comcast.net

*Prep Rugby Slogan*  
2007: Any Game, Any Weather, Any Time  
2008: ... to the whistle!  
2009:... ?  
— What will 2009's be?

We're on the web  
(currently working to update):  
[www.thepreprfc.com](http://www.thepreprfc.com)  
Also, check us out on Facebook and LinkedIn

### Prep Rugby Philosophy Statement:

*The Philosophy of Prep RFC is that rugby is a sport intended to be enjoyed by its players, their families and their supporters. The basics of the sport, including the rules, the traditions, the history and the culture, will be taught to any player who shows a genuine interest in learning the game and becoming part of the team.*

*The coaches will conduct practice in the positive, disciplined manner of a Jesuit high school athletic program. The team concept is encouraged and fostered through practice, team attitude and activities. At the same time, in the off-season, other sports are encouraged for the players as a means of diversifying their talents, their agility and athleticism, and to prevent "burn-out".*

*The rugby philosophy encourages each player to achieve a level of success that equals his individual and team potential.*



## Prep Rugby looking for 2009 Sponsors

Prep Rugby has been blessed to have great support throughout our existence, and a key to the team's success has been our sponsors.

Our players have always felt part of a team and not simply a "club". This helped them to build confidence, and to know they were working towards an achievable goal, one in which others had faith in their ability to achieve. It sounds simple enough, but it is one of the intangibles that help create a team and great team community.

For the 2009 Season, we are again looking for sponsors. A more formalized structure will be set out shortly, but if you are willing to help the team and the players in their quest to continue to establish Prep Rugby as a premier team both at the Prep and in the East Penn Rugby Union, please contact either Coach Tom Farren, Sr. or Coach Brian McCloskey.

On a similar note, we are beginning to organize for the season and our home games. As of now, we do not have a current schedule for 2009. Once we

have that schedule, we will be able to prepare more accurately the various aspects of the season. We will post the information as soon as it is furnished to us from the EPRU administration.

We can't wait for the season to start, and we look forward to catching up and enjoying another great Prep Rugby season!

Contact Frank DeGiulio for more information on Sponsors:  
[fpd@pbh.com](mailto:fpd@pbh.com)